

SUBJECT: UNIVERSITY NOTIFICATION

DATE: April 16, 2020

Dear NDNU Community Members,

COURSE WITHDRAWAL DATES EXTENDED

Due to COVID-19, NDNU is temporarily altering some policies for the Spring 2020 semester to accommodate our students. Please read more here.

STUDENT FEES AND REIMBURSEMENT PROCESS

NDNU will provide a 50% reimbursement for the spring 2020 semester, for the following fees: Room, Meal Plan, Resident and Student Activity Fees, Student Services Fees and Parking. These fees will be credited to each student's account. If the reimbursement results in an overpayment on the student account, NDNU will forward a refund check to the student's home address listed on their portal. Because of the Shelter in Place status, these checks will be dispersed as quickly as possible, with an expected date for distribution of May 15, 2020.

Please refer to the NDNU community communication from April 6 here.

Information on NDNU teaching online/remote, commencement, housing, refunds, and student employment is available here.

We remain in "Shelter-in-place" status. We urge you to please follow <u>national</u>, <u>world health</u> <u>organization</u>, <u>state</u> and <u>regional</u> news to stay updated on most recent updates.

Please continuously refer to our FAQ page for most recent updates on the Future of NDNU.

STUDENT WELLNESS SERVICES

Student Wellness Services continues to work with our students via tele-mental health. <u>Please click here for more information</u>. Additional information can also be <u>found here</u>. A full list of resources by county is also <u>available for download here</u>.

Community Resources for Basic Needs

If you or someone you know is experiencing food and/or shelter insecurity, please <u>click</u> here for more information.

NDNU RESIDENTS

Our door-to-door, bed-to-bed checks remain in place as daily standard practice in an effort to keep our community safe. Please continue to follow CDC recommendations.

Students, please follow stipulated guidelines from Public Safety and Housing when on campus.

If you experience any COVID-19 symptoms, please self-isolate and promptly reach out to Annabelle Bautista at agbautista@ndnu.edu or call (650) 508-3759.

FUN ACTIVITIES WHILE SHELTERING-IN-PLACE

Sherlock Holmes Digital Escape Room and Pikachu's Rescue Digital Escape Room

Digital Escape Rooms available for free! You can complete this escape room as a family or individual, you can compete against friends and try it multiple times!

Planet Fitness – At Home Workouts

Get moving with our trainers and even some surprise celebrity guests for a 20 minute or less workout to relieve stress and stay active. United We Move.

Archdiocese of San Francisco – Prayers

Join together in solidarity and pray for us all.

CorePower Yoga

Join these on demand classes to keep up your practice from the comfort of your living room.

Fitness Blender

600 free full length workout videos & counting!

<u>Sisters of Notre Dame de Namur – Spirituality</u>

Explore our Sisters of Notre Dame website and read through their prayers to keep your spirits up during this pandemic.

Host a Netflix Party

Netflix Party is a new way to watch Netflix with your friends online. Netflix Party synchronizes video playback and adds group chat to your favorite Netflix shows.

Free Virtual Cooking Classes

The chef behind it—who just so happens to be one of the most famous culinary figures in the world—is teaching you how to cook to tide you over.

Monterey Bay Aquarium Live Cameras

Be delighted by the antics of our sea otters or mellow out to the hypnotic drifting of our jellies. With ten live cams to choose from, you can experience the wonder of the ocean no matter where you are.

San Diego Zoo Live Cameras

With what may be the most live cam options, this zoo lets you switch between koalas, polar bears, and tigers in one sitting.

Explore More <u>Live Nature Cams on YouTube</u> & Explore More <u>Live Animal Cams</u>

Explore Live Nature Cams will be sharing live animal cameras, live nature cameras, animal videos, compilation videos, meditation videos and more!

Take a Free Virtual Tour of some Famous Museums

"Walk" through some of the world's most prestigious cultural institutions!

Online Karaoke – Karafun & Online Karaoke – Singsnap

Miss singing with your friends? Or car rides blasting your favorite songs? Online Karaoke is the choice for you! Singalong with your friends from any place in the world.

Free Mindfulness & Meditation

Enjoy this curation of meditations, sleep stories, music and more, all hand-picked to support your mental and emotional wellness through this time.

Virtual Concerts – Billboard

With venues and bars shut down from coast-to-coast, here's your guide to the best live-streamed music content right now.

Art Exhibits

The National Gallery of Art – the nation's museum – preserves, collects, exhibits, and fosters an understanding of works of art.

Royal Opera House

Performances to keep you going through the ongoing Coronavirus pandemic.

NDNU EMPLOYEES (FACULTY & STAFF)

NDNU currently has essential employees coming to campus, including NDNU's public safety officers, custodians, facilities engineers, and housing staff. We are asking other employees and faculty who are able to perform job duties from home to continue to shelter in place for their health, safety and those of their family members.

For employees who do come to campus, please check in with Public Safety and let them know you are on campus and your location. The Public Safety phone number is 650-508-3502 or publicsafety@ndnu.edu. We appreciate everyone's support during this critical time.

CAMPUS STATUS

For departmental assistance, please contact NDNU staff via e-mail.